

Clarity Questionnaire for *Align with Your Divine Design™* Programs

Name _____ Age: _____

Address: _____ Male ___ Female ___

City: _____ State: _____ Country: _____

Postal (Zip) Code: _____

Home phone: () _____ Mobile: () _____

Work: () _____ Other: (e.g., Skype name inf not in US) _____

Best times to reach you: _____ (Circle best way to reach you from above.)

E-mail Address: _____ (*It is never shared.*)

Your Issue

What is the main issue that is threatening your peace now?

When did your issue start?

What else have you tried to resolve your issue? What were the results?

The Healing Codes

Why are you seeking help from The Healing Codes in particular?

What attracts you about The Healing Codes? How did you find out about it, and have you been doing them yet? If so, for how long?

Do you understand and agree with the fact that The Healing Codes do not directly address physical issues, only the underlying “heart issues” (i.e. conscious and unconscious negative images, feelings, beliefs and memories) that, when healed, can free up the body’s own resources to heal itself? yes no, I need more information

Is there anything you don’t understand about The Healing Codes?

How do you feel about this statement: “Everything is energy, and to truly heal and transform you need to address everything at the energetic level?”

Do you seek mere healing, or true transformation on every level of your being (spiritual, emotional, relational and physical)?

Commitment

Align with Your Divine Design adds several other tools to The Healing Codes for a transformational process that involves Connecting (with God), Healing, Releasing, Infusing, and Activating (the new energy), in a process I call the CHRIA Cycle of Transformation™.

Do you understand and agree that this kind of healing and transformation takes a commitment of time and energy, and that momentum needs to build in order for results to be achieved?

yes no

Are you willing to commit to using the tools of the program for a minimum of 40 minutes/day, plus twice-monthly (group or individual) calls with Diane Eble? yes no not sure

Do you have the financial resources to commit to 6 months in the program of your choice, to build that momentum? yes no not sure

Spirituality

Because this program is built upon prayer and a connection to God, it's important that I understand where you are coming from spiritually. I have no personal agenda, but will support you in your own spirituality. That said, it is important that I understand where you are coming from, and that you understand this will be a journey into getting to know a personal God you can love (who already loves you).

Do you believe in God? ___ yes ___ no ___ not sure

How would you describe your concept of God, and your relationship to God?

Your Background

Please complete this sentence: "All my life I have felt . . ."

Please briefly name the top 3 traumas of your life (keeping in mind that Childhood Emotional Neglect—the absence of the nurturing you needed—is a form of trauma).

Is there anything else you would like me to know about you or your situation?

SUGGESTED COACHING ASSIGNMENT TO START YOUR HEALING JOURNEY—NOW!

I have an assignment for you, that should you accept it and follow through, it will start your healing journey *immediately*. That's because you will already pinpoint a key source of your issue, and diagnosis is the first step in treatment. (Plus, you will have committed yourself to an action, which starts the transformation ball rolling. That's how it works.)

Go to this link and watch Dr. Gabor Maté's lecture on stress: <https://youtu.be/Rik5E7wey0w>.

Dr. Gabor Maté is a medical doctor and author of several best-selling books, notably for our purposes, [*When the Body Says No*](#), in which he explores the stress-disease connection. I recommend this book, but the 1-hour Youtube lecture will give you a lot.

At the end of the lecture, Dr. Gabor leaves us with a question. **Your suggested assignment is to answer that question for yourself, and write it below. Then return this document to me, including your answer(s) to Dr. Gabor's question.**

This exercise will be your first step in getting at the root of your issue. **Then I suggest you do the Healing Code from the book to address any feelings, memories, and beliefs that are connected to the Harmful Action that Dr. Gabor highlighted.**

Let me know how this goes for you. When you return this document to me, I will contact you to explore your options for continuing your healing journey. Consider this your first personal coaching session, complimentary. :-)

My answer to Dr. Gabor Maté's question is:

Please return this to Diane Eble, diane@healingcodescoaching.com. I will get in touch with you to schedule a call to explore whether *Align with Your Divine Design™* is right for you.